



Flitwick & Ampthill Lawn Tennis Club



Places People Play

An Inspired Facility



## USEFUL CLUB INFORMATION (The Rules)

**President – Hilary Nellist**  
- [hilary.nellist@ntlworld.com](mailto:hilary.nellist@ntlworld.com)

### Officers of the Club

**Chairperson - Barbara Mabbitt (Ladies Captain)**  
[b.turner1@ntlworld.com](mailto:b.turner1@ntlworld.com)

**Treasurer - Peter Worth (\*)**  
[realpeterworth@hotmail.com](mailto:realpeterworth@hotmail.com)

**Secretary/Membership Secretary – Mike Cocke –**  
[cockem1@sky.com](mailto:cockem1@sky.com)  
**Contact No: 07557 670703**

### Other Members of The Committee

**Geraldine Breed – Social Sub-committee/Tournament Referee/Marketing**  
[breedfamily@ntlworld.com](mailto:breedfamily@ntlworld.com)

**John Kitchener (\*) – Vice Chairman/Veterans / Match Balls / Beds League Secretary**

**Terry Mabbitt - Head Coach/Men's Captain/Grounds**  
[terrymabbitt@hotmail.co.uk](mailto:terrymabbitt@hotmail.co.uk)

**Chris Liston – Fixtures Secretary/Bar Manager/Webmaster**

**Marcus Breed – Club House/Newsletter**

**Tracey Gourlay – Juniors**

**Barry Timms (\*) – Club Relocation/Grants**

**Sharon Haines – Welfare Officer/Open Day**

**Jack Fuller – Social Tournaments**

(\*) Beds LTA Representatives

## ALL MEMBERS....

Details of the various category of membership available and the current subscriptions are shown on our web site [www.flitwicktennis.co.uk](http://www.flitwicktennis.co.uk). Membership runs from 1st April – 31st March each year. To join the club, or to renew your membership, go the membership section of the website and click on the link which takes you to the electronic payment section. There you will be asked to input (or amend) your details and you can join or renew immediately. If you have any queries please contact the Membership Secretary.

A list of current members is updated regularly and is held in reception..

The club aims to produce regular newsletters and this plus all important information and notices are sent out via email. Where appropriate suitable information is added to our website and facebook page. If you do not receive such information, please advise the club secretary in order that your name can be included on the email distribution list.

## ADULT SOCIAL TENNIS....

Summer club sessions for seniors and good juniors will commence early April each year.

Saturday afternoon from 13:00 – 17:30 hrs

Sunday morning from 09:00 - 13:00 hrs

Tuesday evening from 18:45 – 22:00 hrs (floodlit in winter)

Wednesday morning from 09:00 hrs - vets

(Please be aware that there will be adult league matches occupying 2 and occasionally 4 carpet courts during the summer and winter seasons).

## JUNIORS....

At Flitwick & Ampthill LTC we have implemented a progressive and inclusive tennis programme that offers tennis to everyone regardless of standard and/or ambition.

## PURPOSE OF THE CLUB

We are an excellent community tennis club and aim to be the best in Bedfordshire, enabling our members to play enjoyable tennis both socially and competitively in county and national tournaments. Our amenities are improving and we offer first class coaching for all ages from tiddlers to veterans so anyone who wishes to improve their play can do so.

Our Junior Coaching Programme follows a four stage progression where they can gain maximum improvement and enjoyment from the sport.

Junior Club Night will be held every Friday evening during the summer months from 4.30 – 6.00pm. Cost £1 per session –

## A note for parents

A parent's role in their child's development is crucial. Parental support, whatever the outcome of their child's endeavours, is invaluable and will ensure that the child enjoys tennis and continues to play this great sport for many years to come.

Every child develops at their own rate. Encourage and nurture this development and your child can be the best they can be.

Juniors are able to play at the club at most times of the day throughout the season.

Juniors are not allowed unattended access to the Clubhouse, other than when an Adult member is in attendance.

Please note, Adult members have priority to use the courts **at all times**, except when Junior League or Club Tournament matches are being played. All Junior matches are usually played on the hard courts.

We expect our junior members to respect the club and its grounds at all times. Please do not leave litter lying around, use the bins provided. Please no swearing or shouting, we should respect our neighbours and other club members..

Junior members are **NOT** allowed to bring guests to the club, under any circumstances.

## FLOODLIGHTS (Adults Only)....

We have introduced a Booking Diary for the use of the floodlights. This diary (located in the clubhouse) indicates league matches and regular events and should also be used when booking Club Tournament matches. You can purchase tokens at Reception in the Club House 01525 715214.

Cost £1.00 per token (½ hour).

## VISITORS ....

Please note that only Adult Members are allowed to bring guest(s) to the Club. You should not bring non-members on more than 3 occasions.

A Visitor's fee of £5.00 should be paid to the club on each occasion. Please pay your visitor's fee into

Reception at the club house. Be honest when bringing visitors. If they wish to play regularly, encourage them to join. We offer extremely good value for money tennis facilities compared to other clubs of a similar size.

Please enter the details of your visitor(s) in the Guest Book, which is located inside the clubhouse.

## LITTER....

All club members are asked to assist with the task of keeping the clubhouse, court areas and surrounding grounds tidy and free from rubbish. This is **your** club, please make the personal effort of placing your rubbish in the bins provided, picking up rubbish you see or placing it within the Biffa Bins.

If you notice that the clubhouse bins are full, don't just leave it to one or two members to clear up, new sacks are under the kitchen sink unit for you to use.

Members are reminded not to bring take-away hot meals to the club. This request has arisen from a general disrespect for the clubhouse and its tidiness, and also that it has attracted vermin around the waste bins.

## DRIVING...

We are always being reminded by local residents to ask members to show caution when driving to and from the Club. Please remember there may be young children playing in the roads approaching the Club.

## COURT ETIQUETTE....

- Switch off and do not use your mobile phone on court.
- Please talk quietly when standing near tennis courts that are in use.
- Never walk behind a court when a point is still in play. Wait until the point is over and then cross as fast as possible.
- Make sure you are wearing appropriate tennis clothing and tennis shoes.
- Shirts must be worn at all times.
- Notice when balls from other courts have come onto your court and return them at the end of the next point.
- When sending balls back to a neighbouring court, roll them to the back of the court. Never send them back while play is in progress.

- Retrieve balls for your partner and your opponent.
- Call your own lines and let your opponent hear the call. If the ball is good say nothing and play on.
- Always respect the line calls of your opponent.
- If there is a disagreement, offer a let. In other words, replay the point, even if it was a second service.
- Please ensure that all nets are not wound down after court use

Please, if you have to ask juniors to leave a court do it nicely. They are not on court to spite you – they just want to play tennis! Some of the stronger juniors will be invited to play with adult club members from time to time, again offer them help and encouragement. Remember they are young and will improve very quickly. When you are face to face against them in the club tournament they may remember your kindness, or avenge your disdain!

## CLUB SECURITY....

Clubhouse keys are available to adult members only from the Reception at a cost of £10.00 for the two keys needed for the shutter and main door.

**Adult members who hold a key to the club house should remember to set the security alarm, close and lock the door, and lower the security shutter when leaving, and also close and padlock the entrance gate.**

## COACHING....

Head Coach, Terry Mabbitt runs a successful coaching programme at the Club. Contact Terry at Topspin Racquets – 01525 715214 (Mobile: 07801 665656).

Full Details of Coaching schedules can be found on the web site at [www.flitwicktennis.co.uk](http://www.flitwicktennis.co.uk)

## Juniors

### Saturday morning

08:30 – 09:15	Tiddlers
09:00 – 10:00	Development junior
10:00 – 11:00	Intermediate junior
11:15 – 12:45	Advanced junior

### Tuesday Evening

16:15 – 17:00	Tiddlers
17:00 – 18:45	Invitation Tournament Squad

### Wednesday Evening

17:30 – 19:00	Matchplay for intermediate and advanced juniors
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## Thursday Evening

16:00 - 17:00	Development junior
17:00 - 18:00	Intermediate junior
18:00 - 19:00	Advanced junior

## Adults

### Monday Evening

18:00 – 19:00	Development
19:00 – 20:30	Intermediate
20:30 – 22:00	Advanced

### Friday Morning

09:15 – 10:45	Fun morning for tactics and matchplay
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All groups include coaching and matchplay. Look out for holiday timetables for the juniors. Contact Terry for up to date details.

## SUMMER AND WINTER LEAGUE TEAMS....

We have a number of teams in the County and South Bedfordshire leagues, both summer and winter (including indoor). If you are interested in playing some team tennis, please contact Terry Mabbitt – Men's Captain (07801 665656) or Barbara Mabbitt - Ladies Captain (01525 751920), or speak to a committee member at the club. We are always looking for new players.

## MATCH FEES...

All team captains are reminded to levy a £3.00 per person match fee for all matches Home and Away. The cost of floodlights for home matches is paid for by the club. Match fees should be paid to the club by team captains via Committee Member John Kitchener (01525 841125) at the end of each season.

## WORK PARTIES....

General maintenance tasks are supplemented and carried out throughout the year by a small group of volunteers, but there are always opportunities for club members to assist with these duties. Contact Terry Mabbitt, Grounds Manager (07801 665656) if you feel you can help.

## 100 CLUB LOTTERY....

As a means of raising money for the club, we run a "100 Club" lottery.

You can buy into the scheme on a monthly basis by direct debit or standing order and purchase as many tickets as you wish. The offer is only available to club members over the age of 18.

### "BE IN IT TO WIN IT"

Minimum Entry - £1 per month  
Recommended Entry - £3 per month  
No Maximum

There is a draw at the end of every month for a prize of £50.

Anyone wishing to enter the 100 Club Draw please contact Loraine Atkinson at Reception for details – Tel: 01525 715214 – [rainatk@aol.com](mailto:rainatk@aol.com)

## SMOKING....

As you may know the Government brought in a "no smoking" ban in public places with effect from 1st July 2007.

Therefore the clubhouse is a "no smoking" area.

We also remind the membership that no smoking is allowed on the courts.

## CLUBHOUSE....

We have an excellent club house which measures 72 ft x 28 ft with its excellent amenities including showers, a bar and a table tennis table.



There is also a Pro Shop/Reception area managed by Terry Mabbitt our Head Coach which sells all sports equipment relating to racquet sports.

## FUNDRAISING....

The Fund Raising & Social Sub-Committee are working hard to raise funds for future improvements to the club, including floodlights and court improvements to courts 5 to 8. Please contact Geraldine Breed (07730 161511) if you feel you can help in any way with these activities.

## WEBSITE and FACEBOOK....

Please visit our website at [www.flitwicktennis.co.uk](http://www.flitwicktennis.co.uk)

Our Facebook page can be found at

<https://www.facebook.com/pages/Flitwick-Ampthill-Lawn-Tennis-Club-Official/280347058698282?ref=hl>

## ARTICLES of ASSOCIATION....

The Articles of Association of the Flitwick and Ampthill Lawn Tennis Club Limited contain all the details for the constitution and management of the Club. These are available upon request from the Club Secretary.

Club Committee  
December 2017