

Section 3.4 – Appropriate Facilities and Equipment



Flitwick & Ampthill LTC have access to appropriate tennis courts for mini players, older juniors and adult players. It is also important that we have access to the appropriate ancillary facilities and clubhouse facilities; toilets are a high priority. We have made a commitment to ensure that the facilities are accessible to disabled people.

Mini Tennis is a great introduction to the sport for young children between 4 and 10 years old. It's just like the real thing, but with smaller courts, nets and rackets and lower-bouncing balls.

There are three levels of Mini Tennis; Red, Orange and Green, each with their own court size and type of ball. This tailored approach, based on age and physical maturity enables players to develop vital skills and techniques at an early age.

Many sports have a mini version including, football, rugby and cricket which are helping to develop young talent in appropriate learning environments.

The low compression balls used in Mini Tennis are now being used by clubs and coaches across the UK to introduce adult beginners to the sport. The slower and lower bouncing balls make it far easier to learn the game.

Once a player starts playing in tournaments their results go towards increasing their Mini Tennis Rating which is used to determine a player's level and assists with entry into higher levels of competition as a player improves.

Flitwick & Ampthill LTC also have a hitting wall, a ball machine and a speed gun.